



Umina Beach Public School Newsletter

Term 3, Week 10, 2023

DIARY DATES – TERM 3

Thu Sep 21	Wellbeing Day
Fri Sep 22	PBL Rewards day Last day of Term 3
Mon Oct 9	Student and staff return for Term 4

From the principal

What a term it has been! Full, busy, productive, and marked by wonderful student progress in all areas including academic, social, sporting, creative and performing arts. Our students and teachers are well and truly ready for a well-earned break, and we wish our families a safe and happy mid-term break. When you come back after the holidays, you'll see some rather big changes to our school spaces! We're currently undertaking some extensive and significant work around the school and there are very exciting plans being developed in terms of ongoing upgrades to facilities, playgrounds, access and entry areas and classrooms. Our ongoing goal and steadfast priority is to ensure that all our school spaces are safe, welcoming, fit for purpose and contribute to a positive and happy learning culture at UBPS. More information on planned upgrades will be shared next term and we'll keep a few surprises up our sleeve for our students and community to enjoy when you return to school on Monday 9 October.

We're making sure the end of term is an enjoyable and memorable one with our PBL reward day (for the whole school) on Friday and our Mental Health and Wellbeing Day today. This was a new initiative for the school but was wholeheartedly embraced by students and staff alike! Our staff and community at UBPS share common goals for our students like our student's parents, our staff care for the children in our school and recognise that self-awareness, self-care and healthy, positive thinking are essential for learning, growing and thriving. Today, we allowed students and teachers to take a break, put academic lessons on hold and enjoy their day together, engaging in shared activities that are positive and empowering. We talked about mental health and wellbeing and all students participated in a lesson on mental health and how to recognise and respond to small feelings and big feelings in positive ways. Some activities enjoyed today included relaxation, games, dance, art, making playdough, walking on the beach, health, and fitness activities, making kindness posters, spending time with buddies, singing, yoga, writing and delivering cards to friends and mindfulness activities. It really was a lovely day, enjoyed by all! The pictures below are worth a thousand words...







CONGRATULATIONS

Congratulations to Daniel K in 1/2P who represented Woy Woy Judo Club and won an individual bronze medal and a team gold medal in the Hunter Valley Judo tournament last Sunday. Well done Daniel – we are proud of you!



CANBERRA EXCURSION

Students from our school have recently undertaken an education tour of the national capital. They were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy. The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education.

To assist families in meeting the cost of the excursion the Australian Government contributed funding of \$30.00 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.



CENTRAL COAST PUBLIC SCHOOLS' PUBLIC SPEAKING COMPETITION

Last Wednesday, Umina Beach Public School hosted students from across the Central Coast in the Central Coast Public Schools' Public Speaking Competition. Congratulations to the following students who proudly represented our school on the day. Best of luck to Elsie, Lucy M & Harley who are now off to the final at Somersby Public School on the Wednesday 11 October.

Elsie K	KM
Lucy M	KH
Mayumi K	1/2P
Harley W	2B
Lucy S	3T
Maddie B	4J
Jasmine S	5C
Emma Mc	5C
Mahlie T	6J



SAVE THE DATE - CURRICULUM INFORMATION SESSION 3-6

On Thursday 16 November, Year 3-6 families are invited to attend a 2024 Curriculum Information Session in the school hall. The session will begin at 9:30am and run for approximately one hour. The session will cover the new mathematics and English syllabuses, and the significant changes being made to teaching and learning next year.

KA and KC have been learning how to write to persuade their audience. Check out the writing from Jack, Capree, Ethan, Oliver, Ethan and Amy! Super stars!



Return and Earn at UBPS



Return recyclable drink containers to the special bins around the school so we can raise money to support our school based community pantry.

**STRICTLY NON-ALCOHOLIC
CONTAINERS ONLY**

The students in "Social Projects" are running a Return and Earn program at UBPS. We are asking students and families to recycle Up & Go containers, poppers, soft drinks, flavoured milk and water bottles by placing them in the special bins around the school. We will trade these bottles for vouchers to provide food for children at school when needed.

Please make sure bottles are empty before placing in bins. We thank you for your support of this sustainable project. Social Projects and Ms McLean

Mr Buist's
HORRIBLE
and not so horrible
HISTORIES

EXCURSIONS - PART TWO

Another excursion experience I can remember was a Year 2 camp at Camp Toukley. I wasn't teaching Year 2 at the time, but as there were very few male teachers on the staff (unlike today- we are lucky to have so many male teachers!), I was asked to accompany the students. I know that Mrs White will remember this incident at camp very well- one of the kids had just finished dinner and was walking down the dining room stairs when they threw up all over themselves and the stairs. I just happened to be close enough to see this happen and made the decision that I would take the child and help them get cleaned up leaving Mrs White with the unenviable job of the stairs- sorry Mrs White but if I had to make the decision again, I'm afraid I'd probably do the same! Vomit and I don't mix!

Another "throw up" incident that sticks in my mind, was a Year 6 Canberra excursion in the early 2000's. As the Year 6's should know, the first day of the excursion sees them going to Parliament House and so they have to wear our school uniform on this day, before being allowed mufti for the rest of the trip. On this particular trip, a boy threw up all over themselves. Luckily, he mostly missed the seat and his friend next to him. However, we were only just past the Mooney Mooney Bridge when this happened! Finding a place to pull over was the first challenge followed by the even greater challenge of trying to find the boy's bag in amongst the coach load of other bags so that we could at least get him roughly changed. Everyone just had to put up with the far from pleasant conditions on the coach until we could pull up at a service station on Pennant Hills Road and change and clean things more thoroughly. I have to say though, the kids were magnificent. No complaining and no teasing of the poor fellow who'd lost his breakfast. It really was a great example of the type of Umina Beach spirit that I have seen so often - Umina kids being kind and supportive. One of the reasons I have loved teaching at Umina for nearly 30 years.

Spring School Holiday Activities

COST: \$30 half day, \$50 full day

AGES: 5-12 years

TIME: 8.30am-12.30pm | 12.30pm - 4.30pm

BOOK NOW



ADDITIONAL INFO: Water bottle, morning tea, afternoon tea, lunch (NO NUTS please), hat, sunscreen, enclosed shoes

Mon 25th	8.30am - 12.30pm Laser Tag & Paper Airplane & Origami 12.30pm - 4.30pm Archery, Board Games, Colour, Cut & Glue Activities
Tues 26th	8.30am - 12.30pm Acro & Paper Plate Snails 12.30pm - 4.30pm Laser Tag & Bingo
Wed 27th	8.30am - 12.30pm Free G & Tumbling 12.30pm - 4.30pm Tie Dye & Gymnastics
Thurs 28th	8.30am - 12.30pm Fitness & Ball Games 12.30pm - 4.30pm Gymnastics & Jellyfish Making
Fri 29th	HEALTHY HEART DAY! 8.30am - 12.30pm Trampoline & Free G 12.30pm - 4.30pm Outdoor Games & Ball Sports
Mon 2nd	Public Holiday Closure
Tues 3rd	8.30am - 12.30pm Rhythmic & Acro 12.30pm - 4.30pm Multi Sports, Board Games & Paper Cup Monsters
Wed 4th	MEET MY SQUAD DAY! 8.30am - 12.30pm Escape Room & Collaborative Art 12.30pm - 4.30pm Mini Olympics & Floor is Lava
Thurs 5th	8.30am - 12.30pm Ninja Obstacle Course & Free G 12.30pm - 4.30pm Tumbling & Spring Bookmarks
Fri 6th	8.30am - 12.30pm Relay Races, Gymnastics & Crayon Hearts & Feathers 12.30pm - 4.30pm Archery, Tramp & Hopscotch

CONTACT US: Phone: 4344 7851

101 Osborne Avenue, Umina Beach NSW 2257

WOY WOY REC PHYSIE'S
TEAM USA
PRESENTS

COLOUR RUN FESTIVAL

SUNDAY 8TH OCTOBER, 2023

STARTS AT 09:30 AM | LEMON GROVE NETBALL
COURTS, ETTALONG

TICKETS : \$25

MARKETS | BBQ | MUSIC | GIVEAWAYS | CANTEEN

MORE INFORMATION ON OUR
FACEBOOK EVENT

FOR CHILDREN
UP TO
14 YEARS



YOUR CHILD NEED HELP WITH HOMEWORK?

Come along after school and a qualified teacher will help your child set up some good study habits. Suitable for primary and high school students – no bookings required.

Umina Beach Library every Tuesday from 3:00pm during school term. Ph 4304 7333

Music Bus



The Music Bus has opened their term 4 enrolments and are inviting new students to apply. Classes offered are: · Keyboard (K-Y6) · Ukulele (K -Y6) · Drums (Y1-Y6) · Guitar (Y2-Y6)
Lessons are: 30 minute duration - once per week held in the hi tech music classroom on wheels on UBPS site. Cost \$20.00 per week (\$22.00 drums) payable by the term on commencement

TRICK OR TREAT

FAMILY FUN DAY

PRIZE FOR BEST COSTUME

31ST | 5PM - 7PM
OCTOBER | 259 WEST ST, UMINA

KIDS ENTERTAINMENT – BALLOON MAKING – FACE PAINTING
FREE LOLLY BAG
OCEAN BEACH HOTEL

2023

Spring youth

school holiday programs



Stop Motion Animation
Wednesday 27 September
Art Space 1 Erina Centre



Digital Illustration
Wednesday 4 October
Art Space 1 Erina Centre

Lights, camera, stop motion action! Embark on a creative holiday adventure with this hands on workshop. Limited spots available! Suitable for 13-17yr olds
Cost: \$5.50

Unlock your artistic potential! Learn the basics of digital drawing, explore different illustration styles, using Procreate. Limited spots available! Suitable for 13-17yr olds
Cost: \$5.50



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youthservices



@cccyouthservices

e:youthservices
@centralcoast.nsw.gov.au

SCAN

for more details



League Stars Skills Clinic
Thursday 5 October
Kariong Skate Park



CCS Skate Workshops
Thursday 5 October
Kariong Skate Park



Plug & Play – Jam Session
Friday 6 October
The Hub Erina, Erina Fair

Level up your skills at our exhilarating NRL non-contact skills clinic. Tap into your athletic potential in a fun, safe and supportive environment. Suitable for 5-12yr olds
Cost: FREE

Get ready for the Central Coast Series skate workshops and competition for all skill levels. Showcase your skills and win awesome prizes! Suitable for 5-18yr olds
Cost: FREE

Grab your instruments, bring your creativity for a music jam session like no other. Sing, play and collaborate with other like-minded young people. Suitable for 12-24yr olds
Cost: FREE



Youth Services

CONNECT | CONSULT | CREATE

Bushfire danger period information for parents and carers

Factsheet

This factsheet provides information for parents and carers about arrangements for the bushfire danger period.

The NSW Department of Education has engaged external experts to conduct assessments of all NSW government schools, to identify schools at greater risk of impact from bushfires.

To support the health, safety and wellbeing of students and staff, the department, in consultation with NSW Rural Fire Service (NSW RFS), will direct the school to temporarily cease operations on days when a Catastrophic Fire Danger Rating has been declared for your school's NSW fire area. Alternative learning arrangements will be put in place for these days.

Schools may be directed by the department to become non-operational at any time based on advice from emergency services and the State Emergency Operations Centre.



What is a Fire Danger Rating?

Fire Danger Ratings describe the potential level of danger should a fire start. The ratings are determined by a combination of factors including air temperature, relative humidity, wind speed and drought.

For further information on the Australian Fire Danger Rating System, visit rfs.nsw.gov.au/news-and-media/fire-danger-ratings-are-changing-soon

Fire Danger Rating sign



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- And much more, check out our website for more services

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