Term 4, Week 6, 2023

DIARY DATES - TERM 4

Thu 16 Nov	Kindergarten 2024 – Early Bird sessions begin.
	Yrs 3-6 Family Curriculum Info session
Mon 20 Nov	1G & 1F Kincumber Science excursion
Sat 25 Nov	Santa photos at UBPS
Fri 1 Dec	Year 6 Mini Fete
Fri 8 Dec	Presentation Day
	Kindergarten Graduations Assembly
Mon 11 Dec	All school PARTY DAY
Thu 14 Dec	Year 6 Farewell
Fri 15 Dec	Year 6 arch farewell
	LAST DAY FOR STUDENTS 2023

From the principal

It makes sense that we should kick off this week's newsletter with a recap of our school musical, Global Worming! It's been a work in progress all year and we're finally at performance week! For those parents who were able to join me last night at our first evening performance, I'm sure you'd agree that our students in CAST A delivered a fabulous dramatic extravaganza for our school community! I was absolutely enthralled and entertained throughout the whole performance! For me, seeing our students engaging in the performing arts on such a large scale is tremendously exciting! I believe it is vitally important that students are provided with opportunities to engage in performing arts experiences: it is so important for their social and intrapersonal development and has widereaching benefits for our students. Through our school musical, we are helping to develop each



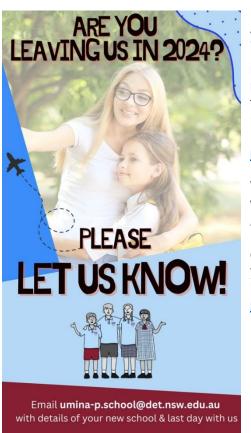
child's ability to think creatively, innovate, develop confidence, foster curiosity and imagination and find joy in self-expression. Such outcomes support the development of emotional intelligence and, as such, are vital attributes for happy and well-rounded students! As I sat in the audience last night, I was thrilled to see so many of our students smiling, performing with confidence and stepping out of their comfort zones: a huge congratulations to all our performers involved! I sincerely thank Mr Bonnor for his leadership of this enormous school experience: it has been a significant additional load for Mr Bonnor, Mr Buist, our Year 3-6 teachers and our whole school staff, who have really gone above and beyond to ensure our students can experience such a memorable and valuable performance opportunity. To see our students shining on stage, to provide

them the opportunity to be acknowledged by an audience through claps and cheers, to see the pride on faces of students and families alike, it made all the effort and whole-school logistical challenges worthwhile! The tireless effort of our staff and the support they have provided for our students, both on and off the stage, was critical in making this extremely large-scale event possible! And the show really has been produced on a large scale, with every effort going to making our presentation as professional as possible to allow our students (and audience) the very best of experiences. This involved outsourcing to local companies to secure additional services such as professional lighting, audio-visual and sound technology, hand-held and wireless microphones and videography. We're proud of the experience that we have been able to provide for our students in purchasing these additional systems for our show and trust that our audiences appreciate the quality result. If you haven't got a ticket yet, there are still some available for tonight's performance: Cast B will be performing on Tuesday 14 November, 7:00pm. Visit https://www.trybooking.com/ (Click "buy tickets" and then search for "Global Worming").

We're speeding through November and many organised families are thinking ahead to Christmas: we hope that you have booked in your Santa photos this year at Umina Beach Public School on Saturday 25 November. You'll get to meet our jolly Santa and have a studio-quality Santa photo taken of you and your loved ones. You can even bring the family pooch (see note below). Sessions run from 9:00am to 4:00pm on Sat 25 Nov and we really encourage families to book soon so you don't miss out! For more information visit https://www.lookpro.com.au/santasnaps/ (scroll to the bottom of the page, select UBPS and book your session time). *Please note, family dogs are allowed at the sessions, but must be clean, quiet, kept on a lead and



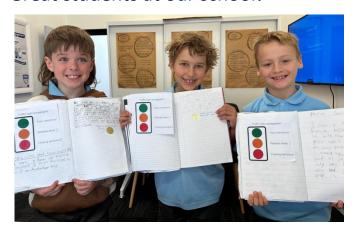
controlled at all times. Owners are responsible for the behaviour of their dog and it is at the discretion of the school to not allow any animal deemed unsafe on school grounds.



Parents and families, please contact the school if you are aware that you will be leaving us next year: this is really important information for us as we work to finalise classes for 2024. As class groups are informed by student enrolment data, it's important for us to include any new enrolments as well as plan for those students who may be moving to a new school in 2024. Thanks in advance for providing us with information of your new school and your last day of attendance at UBPS: please email this to the school uminap.school@det.nsw.edu.au

We also encourage families to get in touch with the school if you wish to request a printed copy of your child's Semester 2 Academic Report. Each student's report will be published via the Parent Portal (you can also access this not only via your mobile but via computer browser, which makes it easy to read, print and share). If you would also like a printed copy of your child's report, please let us know by calling our friendly admin team or emailing the school: umina-p.school@det.nsw.edu.au

Great students at our school!



I loved my visit from Flynn, Innes and Daniel today who confidently discussed their learning goals in relation to structuring well organised informative reports. The focus of their writing was themselves, which provided additional complexity as they were also learning about third person perspective. Each of the students capably discussed how the writing scaffold, using the traffic lights reminders, helped them to confidently structure their writing. We love seeing our students explicitly supported to develop their writing. Well done to our 2S students on the writing growth you are displaying!



Glasses for Cambodia



Lastly from me, I'd love to encourage our school community to engage in a very special international project, *Glasses for Cambodia*. If you have any old reading glasses at home, the wonderful Lyn Davis (previous principal of UBPS) is helping coordinate and deliver donated sets of reading glasses to a small village in rural Cambodia. If your family is anything like mine, you may tend to keep your old reading glasses after you acquire new ones. We have many old sets at home, but they are usually eventually thrown out. I'd love for them to be useful to others and this is the perfect opportunity to make that a reality. By donating your old glasses, you will help ensure that disadvantaged communities in Cambodia can experience the privilege of improved eyesight. Whilst it's not ideal to provide prescription lenses without consultation, the people of Anlong Pi in Cambodia live amongst the daily realities of extreme poverty and cannot afford an optometrist or the cost of the spectacles. We know that, in these circumstances, any contribution you can make to this project will be very much appreciated. This project has previously been coordinated at UBPS and, after a break of six years, our help has once again been requested. If you would like to know more about the community in Cambodia you will be helping through this project, click on the following link: https://www.aljazeera.com/gallery/2013/10/23/life-in-a-cambodian-rubbish-dump

We'll have a box in the foyer for any donations that you may be able to gift forward. Please make sure glasses are in good condition: lenses should not be cracked or broken. Donations will be accepted right up to the end of the year and the spectacles will be delivered to the village just after Christmas, 2023. Thanks again for considering contributing to this worthwhile initiative.

Have a great week at our school! X Mrs W



Do you have end-of-year butterflies... at UBPS we literally do!
His is a wonderful P&C-led initiative and we are so excited to welcome our Butterfly Garden to the school library!

For the next two weeks, all students and their families will get to experience first-hand the life cycle of these beautiful creatures, from caterpillar to chrysalis and then butterflies. The P&C are proud to provide this unique experience for our community and hope you all enjoy the fun and magic of our first Butterfly Garden.

Parents, feel free to join us before or after school with your children to watch the journey from caterpillar to butterfly over Week 6 and Week 7

POSSIBLE RISK OF EXPOSURE TO COVID-19:

Our school has been advised that some members of our school community have recently tested positive to COVID-19. Students in classes **3A** as well as staff who worked with this group of students, may have had contact with a person who was infectious with COVID-19. Any person who may have been exposed to COVID-19 is strongly recommended to monitor for symptoms and test to identify infection early, even if they are not experiencing any symptoms, as well as wear a mask. We will continue to support our families to use rapid antigen tests (RATs) if symptomatic or if you believe you have been exposed to COVID-19. We ask that parents use RAT testing to help identify the infection early and contribute to ongoing school safety, recognising that the school includes people at greater risk of serious illness if exposed to COVID-19.

If there is a positive case in your child's class, year or other grouping, your child can continue to attend school, in line with NSW Health advice, unless symptomatic.

Students, staff and visitors should only attend school when they are symptom free. We strongly encourage all students, staff and visitors to follow the guidance issued by NSW Health. We will continue to send home students or staff displaying symptoms. These symptoms include fever, cough, sore throat, shortness of breath, runny nose, loss of smell/taste, muscle/joint pains, diarrhoea, nausea/vomiting, extreme tiredness, unexplained chest pain or conjunctivitis (eye infection). Following a positive COVID-19 case, your child may only return to school when no longer displaying ANY COVID-19 symptoms.



Advice and further resources are available on the NSW Health website including COVID-19 guidelines and fact sheets for people who tested positive or were exposed to COVID-19. Additional resources are also available on the NSW Government website. Please use the link provided to access these resources.

Our school will continue to follow COVID-smart measures to help reduce the risk of transmission for students and staff members and the safety and wellbeing of our staff and students remains paramount at all times. As such, we will continue to ensure that all necessary health advice is closely followed.

SCHOOL BAND 2024

In 2024, students in Year 3 to 6 will have the opportunity to enrol

in our school band!

Umina Beach Public School hires out instruments:Woodwind: Flutes, Clarinets, SaxophonesBrass: Trumpets, Trombones, Euphoniums

Percussion: Drums, Keyboard

*Bass guitar is an option if you own one.

If you would like your child to take part in our amazing band program, please sign up using the following link: https://forms.gle/dG4nrarWQxNpBhgH6



CONGRATULATIONS

Albert in 4E participated in the NSW Premier's Spelling Bee Final. He was one of 30 state finalists and survived the first 3 rounds before getting out on 'irksome'. The winning word was 'tortellini'. He did a great job, and we are very proud of him!







CAKE STALL

On Friday 27 October, there was a cake stall run by the Social Projects group. It was a humongous success! We raised over \$800.00, and we couldn't have achieved this without everyone that helped out.

We would like to thank all the 3-6 parents and kids who donated the glorious goodies for the cake stall. We are very appreciative of the people who bought treats from the stall. We are also very grateful to Ms Mclean, who we certainly couldn't have done this without!

All the money raised from the cake stall will be used to stock our school-based community pantry. Any kids who find themselves without enough food for lunch and/or recess will be able to ask their teachers for a snack from the pantry.

We hope you all got your containers back safely! $Taia \ 6J \ and \ Tlara \ 6B$



As we enter the last term at Primary School for our Year 6 students, we are starting to finalise plans for their end of year celebrations. Each of these events are organised to create great memories for our students and to celebrate their Primary School journey. The Year 6 Farewell will include dinner and a disco for students only. The following day we will hold a celebration ceremony for Year 6 and their parents where they will receive their Graduation Certificate. After this ceremony students will walk through the arch.

Thank you in advance for your support. If you have any questions, please contact your child's teacher.

YEAR 5 INFORMATION

INTENTION TO APPLY FOR <u>YEAR 7 PLACEMENT IN A SELECTIVE HIGH</u> SCHOOL IN 2025

ATTENTION PARENT/CARER OF CURRENT YEAR 5 STUDENTS

Selective high schools cater for high-potential and academically gifted students who may otherwise be without sufficient classmates at their own academic standard. Selective high schools help these students learn by grouping them with students of similar ability, and by using specialised teaching methods. If you would like to have your child considered for Year 7 selective **high school entry in 2025**, you need to apply on the internet using a valid email address (not the student's email address).

Detailed instructions on how to apply and the link to the online form are at the <u>Selective high schools and opportunity classes Year 7 website</u> or read through the attached information booklet.

Applications open on **9 October 2023** and **close on 20 November 2023**. You must apply before the closing date. Please email Mrs White: **colleen.a.white@det.nsw.edu.au** to provide advice to the school that you intend to apply (or have already applied). The school CANNOT apply on your behalf.

The Selective High School Placement Test will be held on Thursday 9 May 2024.

If you have any questions, please email Mrs White: **colleen.a.white@det.nsw.edu.au** or ring our office on 43 411630 to request a call back from Mrs White.

LIBRARY NEWS

As the end of the year creeps closer and we all look forward to a summer holiday, I am beginning to think of students needs for 2024. We discuss reusing and recycling in lessons quite often in the library and would love anybody who is having a clear out of toys that are in good condition to donate for use during lunch breaks. The toys need to be suitable for school age children and be easy to clean. Students particularly enjoy playing with little houses, small animals, dolls, superheroes, ninja turtles and bey blades.

The final borrowing week will be Week 7 so that stock take can begin. Overdue notices will also go home this week.

The final Book Club for 2023 is available and is due back Friday December 1. Books for Christmas gifts are always popular.

The butterfly enclosure is set up in the library. There are 4 caterpillars and 5 chrysalis waiting to hatch. Students are encouraged to come into the library each lunch to look for any transformations and are also welcome to look after school with their younger siblings. Library lessons next week will involve researching the butterfly

Mrs Deas -Teacher - Librarian





SAVE THE DATE - CURRICULUM INFORMATION SESSION 3-6

On Thursday 16 November, Year 3-6 families are invited to attend a 2024 Curriculum Information Session in the school hall. The session will begin at 9:30am and run for approximately one hour. The session will cover the new mathematics and English syllabuses, and the significant changes being made to teaching and learning next year.





Musicals Part three: The Mr Bonner Era

Mr Bonner arrived at the school in the last term of 2012, and it didn't take him long to put on his first musical which was "The First Fleet" in 2013, performed by Year 5.

Right from the start, Mr Bonner's musicals involved more demanding roles of the lead character's, who unlike previous musicals, not only had to act, but sing and in some cases, dance as well!

The next musical was Diggers, which was about the first ANZACs and as it was performed in 2015, this coincided with the 100th anniversary of the ANZAC landings at Gallipoli in WWI. This musical was a Year 3-6 performance and was held for the first time in the hall of the Woy Woy Brisbane Water Secondary Campus (WWBWSC). This musical set new standards for a Primary School musical, with the acting and singing of the children making these two performances very special occasions for all who witnessed them. Mr Bonner wanted me to mention the work of Mrs Conroy, who prepared the choir so well and also Mr Maxwell and his team of WWBWSC Technology Students who assisted in elevating the presentation standards of this production.

Whatever musical came next would have a tough act to follow and we had to wait 3 years until 2018 when "Smithy" (about the life of Charles Kingsford Smith) was presented. Once again, this musical was performed at WWBWSC and it featured the most demanding lead role of any school musical I have been involved with. Obviously "Smithy" being the title role and having the entire musical named after him, was heavily featured throughout the show, with the actors portraying him having to act in most scenes, sing multiple songs-including a couple of solos, as well as dance. In addition to the challenge for the main actors a number of technical challenges needed to be overcome, such as Mr Bonner having to create a prop of Smithy's plane - "The Southern Cross" that could fit three students and appear in several scenes and be strong enough to be moved around on stage This musical was a huge challenge and general consensus of those lucky enough to see both "Diggers" and "Smithy", were once again left astonished that a Primary School musical could be of such a high standard.

Of course, we've had COVID to "thank" for the next Mr Bonner musical "Global Worming" to not being performed until this year. Mr Bonner and I had actually cast "Global Worming" back in 2020 and were about to tell the students who had what roles, when the lockdowns stated happening.

I'm not going to report on the present production in these articles as this is meant to be about "histories"!

Many people have helped Mr Bonner with the musicals over the years. Some people who need special mention - Miss Ainsworth and Mrs Ragen for the choreography with every musical. Mrs Downey and her daughter Amaya who created the fantastic videos for Smithy. Of course, Mrs Darmody who is always there for everything!

Whilst I have assisted Mr Bonner with all his musical productions, he has always been the one who has gone over and above with his efforts to ensure that each musical is of the highest quality possible. The list of things that Mr Bonner has done for each show is quite jaw dropping. Just a small selection of the jobs he does with each musical (as well as teaching a class!): he not only wrote all the scripts but he composed many of the songs, he constructs the sets, makes props, sews costumes, coordinates choreography, organises and coordinates the sound and lighting, does the seating plan, sets up the booking for tickets and gives up multiple lunch times and Friday mornings for rehearsals.

The school is incredibly lucky to have a teacher like Mr Bonner. Doing a musical is an enormous commitment and it is not something that every school has the good fortune of being able to do. This is a shame because as I'm sure many parents reading this will know, being part of a school musical is a memory that will last long after many of the other memories of primary school have started to fade.



Quiet Achievers Award proudly sponsored by Baker's Delight, Umina goes to Phoebe in 4E. Literacy Award proudly sponsored by Wiseberry Real Estate, Umina goes to Leo in KA, Aisha 2S, Kci 4B and Bella 6J. Well done everyone, we are proud of you!



REBEL READERS - TERM 4 WEEK 6

KS - Finn, Madison, Scarlett, Jackson, Felix, Drago, Alyssa, Jayce, Bailey, Darby, Kyron

K/1H - Lucy, Milo, Oscar

KA - Jack, Hendrix, Nella, Havana, Chaice

KC - London, Charlise, Oliver, Parker, Ethan, River, Gisele, Archer

KM - Elsie, jasper, Trixie, Reef, Cressida, Xavier, Esther, Loretta, Kenzie, Rocco, Thomas, Mackenzie

1/2P - Nisa, Innes, Clyde, Flynn W, Digby, Vallee, Teddy

1F - Jameson, Lux, Kaia, Sonny, Hunter, Jack, Layla, Mahlia



Sunday, 26th Nov 2023 date:

2 sessions 2.30-3.30pm & 4.30-5.30pm time:

place: The Erina Centre, Erina Fair Shopping Centre, Erina \$10 adults, \$5 children, \$20 family, under 5yrs free cost: Trybooking.com/CMEVK or tickets at the door tickets:

contact: Jennie at coastalacappella@gmail.com

presented by...



Come and cheer for your favourite characters. Great for the whole family!

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END OF YEAR AWARDS INFORMATION

Please find below the end of year award policy. It outlines the award categories, criteria and token of achievement. If your child is receiving an award this year, you will be notified via email in week 8 and invited to presentation day.



Umina Beach Public School - End of Year Awards



Rationale: Umina Beach Public School End of Year Awards Policy ensures a consistent, fair and transparent process for the selection of student awards.

Roles and Responsibilities: Staff will collaborate and determine the allocation of awards using data analysis, professional knowledge and judgement against criteria.

Award Categories	Criteria	Token of Achievement
Class		
Commitment to Personal Growth	 Demonstrates a significant level of improvement throughout the year in English and / or Maths, as shown in class data Displays a consistent effort and application to strive for improvement. 	CertificateMedallion
Excellence in Learning	 Attains the highest academic result in English and / or Maths, as shown in class data Consistently displays learner behaviours Maintains a school attendance rate for the year of least 90% (excluding absence from exemption) 	CertificateMedallion
Dedication to Learning	 Consistently displays persistence and effort, applying themselves to all activities, across all key learning areas Is motivated and always strives to achieve set goals 	CertificateMedallion
Citizenship	 Participates and contributes positively in all school activities Always demonstrates exemplary behaviour Demonstrates a positive attitude to learning Demonstrates care and kindness towards others Demonstrates respect towards peers and staff 	ı
Positive Behaviour for Learning	 Always demonstrates safe, respectful and learner behaviours in all contexts, as listed in the UPBS matrix 	I
Stage		
NSW Teacher's Federation Effort	 Consistently applies themselves to all set tasks across all settings and subjects 	CertificateMedallion
Deadly Engagement	 Shows pride in culture Demonstrates leadership in school events Participates in cultural excursions Supports younger students in learning about culture 	Certificate Medallion

Updated October 2023



Umina Beach Public School - End of Year Awards



	 Strives to achieve cultural and academic goals. AERT to be involved in decision making process 	
Public Speaking Award	 Grade winners of the school public speaking competition. 	CertificateMedallion
Year 6 Awards		
School Dux	 Academically highest achieving student in Year 6 across all subjects, as demonstrated in grade data. 	CertificateMedallion
Citizenship	 Participates and contributes positively in all school activities Demonstrates a positive attitude to learning Demonstrates care and kindness towards others Demonstrates respect towards peers and staff 	CertificateMedallion
Outstanding Behaviour	 Always demonstrates exemplary safe, respectful and learner behaviours 	CertificateMedallion
Year 2		
Rising Sports Star	 Year 2 student who displays a disposition for outstanding sporting talent 	CertificateTrophy
Band		
Training Band Recognition Award Concert Band Excellence Award	 Demonstrates commitment and improvement in training band rehearsals and performances Demonstrates talent and commitment in concert band rehearsals and performance 	CertificateMedallionCertificateMedallion
Sport		
11 years, junior & senior Sport Age Champion	 Student with highest points allocation over 3 school carnivals (swimming, X- country & athletics) 	CertificateTrophy
NSW PSSA Sporting Blue	 Displays exemplary sportsmanship, regardless of representative experience 	CertificateTrophy
11 years, junior & senior Swimming Champion	 Student with the highest points at the swimming carnival 	CertificateMedallion
11 years, junior & senior Athletics Champions	 Student with the highest points at the Athletics carnival 	CertificateMedallion
House Champion – Swimming	 House with the most points at the swimming carnival 	 Engraving on Perpetual shield

Updated October 2023



Umina Beach Public School - End of Year Awards



House Champion - Athletics	 House with the most points at the athletics carnival 	
House Champion - Cross Country	 House with the most points at the cross country camival 	
House Champion - Overall	 House with the most combined points across all the carnivals. 	
Sport House Captains (Boronia, Banksia, Waratah & Wattle)	 Students voted by House peers (see student leadership policy) 	 Badges
Library		
Premier's		 Certificate
Premier's Reading		Certificate
Premier's	 Participation in Premier's Reading Challenge for 7 consecutive Years 	Certificate
Premier's Reading Challenge	Participation in Premier's Reading Challenge for 7 consecutive Years	Certificate
Premier's Reading Challenge (Platinum) Premier's Reading	Challenge for 7 consecutive Years	 Certificate
Premier's Reading Challenge (Platinum) Premier's Reading Challenge	Challenge for 7 consecutive Years Participation in Premier's Reading	Certificate
Premier's Reading Challenge (Platinum) Premier's Reading	Challenge for 7 consecutive Years Participation in Premier's Reading Challenge for 4 consecutive Years	
Premier's Reading Challenge (Platinum) Premier's Reading Challenge (Gold)	Challenge for 7 consecutive Years Participation in Premier's Reading Challenge for 4 consecutive Years Consistently borrows each week	 Certificate
Premier's Reading Challenge (Platinum) Premier's Reading Challenge (Gold) Achievement in	Challenge for 7 consecutive Years Participation in Premier's Reading Challenge for 4 consecutive Years Consistently borrows each week Enthusiastically participates in all library	
Premier's Reading Challenge (Platinum) Premier's Reading Challenge (Gold) Achievement in Library	Challenge for 7 consecutive Years Participation in Premier's Reading Challenge for 4 consecutive Years Consistently borrows each week	 Certificate
Premier's Reading Challenge (Platinum) Premier's Reading Challenge (Gold) Achievement in Library Leadership	Challenge for 7 consecutive Years Participation in Premier's Reading Challenge for 4 consecutive Years Consistently borrows each week Enthusiastically participates in all library	CertificateMedallion
Premier's Reading Challenge (Platinum) Premier's Reading Challenge (Gold) Achievement in Library Leadership School Captains	Challenge for 7 consecutive Years Participation in Premier's Reading Challenge for 4 consecutive Years Consistently borrows each week Enthusiastically participates in all library lessons	 Certificate
Premier's Reading Challenge (Platinum) Premier's Reading Challenge (Gold) Achievement in Library Leadership	Challenge for 7 consecutive Years Participation in Premier's Reading Challenge for 4 consecutive Years Consistently borrows each week Enthusiastically participates in all library	CertificateMedallion

Distribution of Awards

All teachers will select 5 recipients from each class to receive awards from the "Class" category. One student for each award to be selected. Composite classes will elect 2 x Excellence in Learning awards, one from each grade.

Stage Awards will be a collaborative decision amongst teachers and based on data. Sport awards will be determined by points.

Timeline

Term 4, week 2: Teachers receive the link to digital form

Term 4, week 3 – 4: Techers participate in data analysis, discussion and collaboration.

Term 4, week 5: All nomination forms to be submitted and sent to printers.

Term 4, week 8: Parents notified via email if child is getting an award.

Term 4, week 9: Presentation Day



CONGRATULATIONS

Umina Beach Public School

This certificate verifies that your menu is meeting the requirements of

The NSW Healthy School Canteen Strategy

Date issued: 3 November 2023 Valid until: 3 November 2026



Note: This certificate is valid for three years from the date of issue. To re-new your certificate please review your menu against the Food and Drink Criteria of the Strategy and re-submit a Menu Application Form to the Healthy Food Information Service.



Public Schools NSW

HEAD LICE TREATMENT OPTIONS

INFORMATION FOR PARENTS AND CARERS

There are two treatment options for head lice.

- Mechanical removal (removal with a head lice comb)
- 2. Chemical removal

Mechanical removal

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn't kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days).

This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation.

The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs.

If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children's hair and use it every time you wash their hair.

Chemical removal

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don't be tempted to reapply the same chemical treatment if it doesn't appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working.

If you find dead lice the product has worked. If you find live lice, the treatment has not worked.

When your child is free of lice and nits, remember to check regularly with a fine toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates.

*This information is based on information provided on the NSW Health Nitbusters website.

What to do about bedding and clothing

Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

Transport for NSW



School Student Travel

Term 4 2023

2024 school travel applications are now open

Students who need a new or replacement School Opal card or travel pass for 2024 can <u>apply</u> now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement because of a new shared parental arrangement (e.g., joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification for their school travel entitlement should <u>renew or update</u> their details <u>before</u> the end of term 4. This will ensure that schools can endorse applications, and travel passes remain valid for the start of the 2024 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new eligibility criteria, we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

Term Bus Pass holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2024.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note**: some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

Changes to your bus service provider

Within Greater Sydney, a number of bus service providers have changed their names.

Parents intending to lodge an application for a School Opal card will need to visit <u>transportnsw.info</u> <u>trip planner</u> to obtain the correct bus operator name servicing your area prior to lodging an application.

Travel from Term 12024

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

transportnsw.info OFFICIAL Page 1 of 2

Applications for 2024 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2023, so parents/students can <u>apply</u> or <u>update</u> details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their <u>local</u> bus operator to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the Student code of conduct and Opal terms of use.



Further information can be found at Plan your trip to school | transportnsw.info

 $Enquiries\ can\ be\ submitted\ at\ \underline{Fares,\ concessions,\ tickets\ \&\ top-up\ feedback\ |\ transportnsw.info}$

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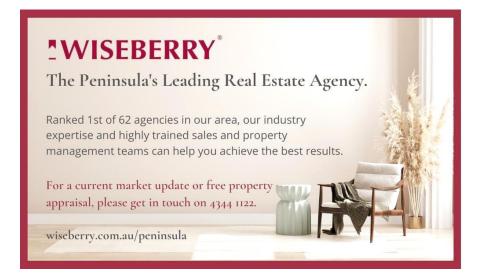


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