

# UMINA BEACH PUBLIC SCHOOL WEEKLY NEWSLETTER

Term 2, Week 9  
Tuesday 25 June, 2019



Students in KJ enjoying a lesson in art

## **P&C Association**

Meet every 2<sup>nd</sup> Tuesday of the month  
All parents welcome.

## **School Canteen**

8:45am – 12:00 noon.  
Volunteers welcome.

## **Uniform Shop**

Thursday 8:45am – 9:30am  
Thursday 2:30pm – 3:15pm

Sydney Ave, Umina Beach NSW 2257

Phone (02) 4341 1630 Fax (02) 4344 3916

Email: [umina-p.school@det.nsw.edu.au](mailto:umina-p.school@det.nsw.edu.au) Website: [www.umina-schools.nsw.edu.au](http://www.umina-schools.nsw.edu.au)

Office hours: 8:30am – 3:30pm

Report any suspicious behaviour toll free to School Security 1300 482737



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## DIARY DATES

TERM 2, 2019	
Wed 26 June	Dance Festival – Boys group <b>evening shows</b>
Mon 1 July	Stg 2 tennis
Tue 2 July	Dance Festival – Stage 3 group <b>evening shows</b>
Wed 3 July	NAIDOC assembly
Fri 5 July	Athletics carnival – <b>LAST DAY OF TERM 2</b>

*From the Principal...*



### CAMP QUALITY PUPPETS VISIT UBPS

Yesterday, all students K-6 attended the Camp Quality Puppet Show. They performed a fun, empowering, interactive show that worked to dispel the myths around cancer and create an inclusive community for all. The children really enjoyed the visit.

### SEMESTER 1 REPORTS

Students will bring home their Semester 1 reports on Monday. I hope that parents find them informative. We remind you that interviews with the class teacher can be arranged should you seek further clarification regarding your child's progress.

### HALL EXTENSIONS

Our hall extensions are progressing well and we now have a roof! Students and staff are very keen to see the finished product.

### SCHOOL ATHLETICS CARNIVAL

Our Carnival will be held at McEvoy Oval on Friday July 5. Our P&C will operate a canteen on the day and have arranged for a coffee van to be on site. Please support these fundraising initiatives. It is always great to see so many parents at the carnival supporting the children. Mr Benson is organising the carnival and I know it will be a successful day for everyone.

### TEACHER PROFESSIONAL LEARNING

Teachers will remain at school until 6:30 this evening as the school embarks on a series of learning workshops to enhance the use of formative assessment across the school. The school is being supported in our learning journey by staff from the Education Services team at Tuggerah Office of the Department of Education. We are very fortunate to be one of a few school to attract this customised supported. As a staff, we always want to do even better than we do now. Like the children, we are continually learning.

*Lyn Davis*

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### YEAR 2 HISTORY MUSEUM

As part of our history unit, "The Past in the Present" Year 2 will be hosting a History Museum in our classrooms on Tuesday 2 July at 2:35pm. We would like to borrow any household items from the past that we could display at our museum. Possible items from the 1990s or before include: kitchen items, technology, sporting equipment, toys and communication devices.

Please send in any items to your child's class teacher or to Ms McLean in 2M.

Thank you for your support - Year 2 Teachers



### CAN YOU HELP?

Our kindergarten classes are asking for any Pokémon donations e.g. soft toys, plastic toys any character. If your child has outgrown these toys, we would really appreciate your donations.

*Gayle Charles* - KC Teacher

### DEBATING NEWS

On Thursday, Umina United debating team participated in a fantastic debate against Ettalong Public School. Jess, Lucy, Nick and Leah argued the affirmative for the topic 'all school work should be done on computers.' This was a challenging topic to argue as the affirmative. Our team put forward some strong arguments and their rebuttals were outstanding. The negative team also made excellent arguments and one in particular, about the potential environmental effects of coal mining as a result of increased electricity usage, was the deciding factor in the adjudicator awarding Ettalong Public School the winners. Hannah and Ruby did a great job of running the debate as chairperson and timekeeper. Well done to all of the students involved.

**On Friday 28 June 2019, both our teams meet at Woy Woy Public School to debate their two teams. Good luck!**

*Mrs Cameron and Mrs Gonzalez* - Debating teachers



### ART/CRAFT FAMILY CHALLENGE – READING IS MY SUPERPOWER!

Advanced notice of our family challenge for Education Week and Book Week 2019. The theme is "Reading is My Super Power". If you would like to participate, this year's challenge is to create an art or craft work showing this theme e.g. superhero inside a book, reading books or made out of books, books with hero masks...let your imagination run wild! Use any materials to create a 2D poster for walls or 3D work, which could sit on our Book Fair shelves. Our Book Fair will be set up in the library in Weeks 2 & 3 of next term. Entries need to be handed in by Thursday of Week 1 for judging. Ten children will win \$10.00 vouchers to spend at the Book Fair.

*Annette Darmody* - Teacher/Librarian

## STUDENT ABSENCES

On occasion, your child may need to be absent from school. Following an absence, you must ensure that **within 7 days** you provide your child's teacher with a verbal or written explanation either on paper or by email [umina-p.school@det.nsw.edu.au](mailto:umina-p.school@det.nsw.edu.au) for the absence. If the school has not received an explanation from you within 2 days, **a computer-generated email/letter will be sent out** and the school may contact you to discuss the absence. Justified reasons for student absences may include:

- Being sick, or having an infectious disease
- Having an unavoidable medical appointment
- Being required to attend a recognised religious holiday
- Exceptional or urgent family circumstance (e.g. attending a funeral)

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's teacher. An application for *Extended Leave: Travel* should be completed. If overseas travel or a cruise is involved, travel documentation (itinerary or flight tickets) showing departure and return dates are to be presented to the school.

Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

Please note that an explanation for a partial absence is also required. If a child is late or leaves early a written explanation or verbal from a parent is required to justify the partial absence. An automated email will also be sent if an explanation is not received for a partial absence.

*Colleen White* - Relieving Deputy Principal

## CANTEEN NEWS

Wed 26 June	Zoe B, Sue Park
Thu 27 June	Ana M, Jody B
Fri 28 June	Stephanie W, Nic Y, Amanda S
Mon 1 July	Eileen D, Judy B
Tue 2 July	Yana, <b>help needed</b>



## RESTRICTED FRIDAY MENU

Big pie 170g	\$4.00	Cheese toasties	\$3.00
Junior pie 90g	\$2.00	Ham/cheese/tomato toasties	\$4.00
Sausage roll 110gm	\$3.00	Ham/cheese toasties	\$3.50
Pizza ham/pine	\$3.50	Vegemite sandwich	\$2.50
Chicken Tenders (GF)	\$3.50	Cheese sandwich	\$3.00
Noodle Cup	\$3.00		

**Please note** – chicken fingers are not available on Fridays. Please make sure you use this updated Friday menu to avoid disappointment. This smaller menu will stay in place until more volunteer help is offered.

Thank you to the students who always use their manners when visiting our canteen – we love it!  
Have a happy, healthy week!

*Debra Elliott* – Canteen Manager

## SEASONS FOR GROWTH – STAGE 2 – TERM 3

A note will be sent home to all Stage 2 students regarding intention to participate in Seasons for Growth during Term 3.

Change and loss are issues all of us face at some stage of our lives. At Umina Beach Public School, we recognise that when changes occur in families through death, separation, divorce or related circumstances, young people may benefit from learning how to manage these changes effectively. We are therefore offering a very successful education program called Seasons for Growth.

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This program is facilitated in small groups and is based on research that highlights the importance of social support and the need to practice new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem solving, decision-making, effective communication and support networks. The sessions will be run by our school chaplain, who is a trained Seasons for Growth facilitator.

Seasons for Growth runs for 8 weeks in school hours and each weekly session is 40-45 minutes.

If you feel that your child may benefit from participating in this program then please complete the consent form that will be sent home and return the slip to the front office by Friday 5 July.

*Chad Tsakissiris* - Deputy Principal

### STUDENT PARLIAMENT NEWS

This week in parliament, there were three motions. The first motion was to get hoodies on our school jumpers. Some of the arguments were that hoodies might distract kids in class, others argued that zone jumpers have hoodies and it is unfair. This motion was carried. The second motion was to have 'privilege badges' to go in the Yarning Circle. Some of the arguments were that some kids might get the badge and be silly with them. People like the Yarning Circle and have to miss out. This motion also was carried. The final motion was to send Care Packages to sick kids. Everyone agreed with it because if you were sick it would be a good surprise.

The minsters would like us to remember –

- ✓ Wrapper free Wednesday starts next term (EVERY Wednesday)
- ✓ Girls soccer is now early next week
- ✓ Athletics carnival last day of term
- ✓ Don't run near hall as it is a construction zone

*By Jess and Liz*

### HEAD LICE AT OUR SCHOOL



# HEAD LICE ALERT

PLEASE CHECK YOUR CHILD'S HAIR TONIGHT!!

#### TO CHECK

Check the scalp for insects or eggs.

Use a fine-tooth comb on wet hair then comb through the hair in sections looking for eggs or lice, repeat over a few days.

#### TO TREAT

Wet the hair and scalp with conditioner or use chemical shampoo/ lotion (containing insecticide) – this will kill the lice and eggs. Using a fine metal comb, or special head lice comb you can get from a chemist, go through the hair in sections to comb the lice and eggs out.

*Always re-treat 7–10 days after the first treatment, to kill any head lice that may have hatched from eggs that survived the first treatment.*

#### TIPS

- ✓ Check and treat the hair every night
- ✓ Please tie up long hair for school
- ✓ If your child has head lice please check everyone in the family home
  - ✓ Do not share hairbrushes, towels, hats/ scarves etc.



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### **Boy's AFL team**

Last Wednesday 19 June, our Boy's AFL team travelled to Rogers Park Oval. Our first game was against Ettalong PS and unfortunately we lost by a golden point in extra time – so close! We played Woy Woy South in the second game and won 5 goals 3 to 4 goals 1. Thank you Mr Buist for all that you do for us!



### **ROBOTIC CODING**

Last week, some very talented 5E students visited KK and KB classes to demonstrate their knowledge of coding and robotics and how it might be used to support learning in the early years. The students designed an activity that allowed Kindergarten to apply their speaking and listening skills by hearing particular sounds being made by 5E's Spheros. Kindergarten loved the experience!

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# COMMUNITY NEWS

## Screen time a problem?

We can help you:

- 1 Limit Screen Time
- 2 Limit Internet Access
- 3 Manage your Internet Speed\*

\*May require alternate hardware

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## J&B DANCE

### TERM 3 ENROLMENTS



Last chance to claim your \$200 Vouchers

**Come try your first week FREE**  
**Classes from \$6**



### Classes at Umina Primary

Monday

3:30PM - 5-12 Yrs Jazz Technique

4:00PM - 5-12 Yrs Jazz Concert

4:30PM - 5-12 Yrs Hip Hop Concert

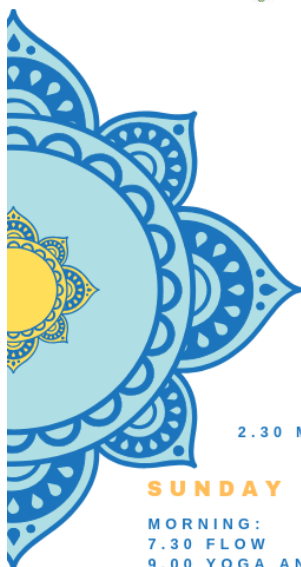
5:00PM - 5-12 Yrs Contemporary Concert



Term 3 is the perfect time to join!  
All of our classes start brand new routines in the lead up for our end of year show.  
Our Shows are affordable, with costume hire options!

**GO TO [WWW.JBDANCE.COM.AU](http://WWW.JBDANCE.COM.AU)**

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## SCHEDULE OF EVENTS

### SATURDAY

MORNING:  
6.30 DYNAMIC FLOW  
8.00 FLOW  
9.15 BEGINNERS  
10.30 PREGNANCY

MIDDAY  
LUNCH WITH TEACHERS  
2.00 YOGA NIDRA\*  
2.30 MANDALAS AND MEDITATION\*  
3.15 TASTER FLOW CLASS\*  
4.30 KIRTAN\*

### SUNDAY

MORNING:  
7.30 FLOW  
9.00 YOGA AND MEDITATION  
10.30 RESTORATIVE AND YOGA NIDRA

MIDDAY  
LUNCH WITH GUEST SPEAKERS  
SARAH TOLMIE\*  
KRIS GOETZ\*  
1.30 MEDITATION CIRCLE\*  
2.00 TASTER FLOW CLASS\*  
2.45 TASTER YIN CLASS\*  
3.30 TASTER DANCE/YOGA FUSION\*  
4.15 YIN



### PACHAMAMMA

\*FREE  
OTHERWISE USUAL FEES APPLY.  
BOOKING ONLINE.  
SCHEDULE SUBJECT TO CHANGE.

VEGAN FOOD FROM  
MIDDAY  
YOGI BOWLS \$15  
SWEET TREATS AND CHAI



### SCHOOL HOLIDAY TENNIS CAMP NOTICE

Where: UMINA TENNIS, Umina

When: Monday 15th July - Friday 19th July

Time: 9am-3pm

Cost: Wk \$80, ½ Day Wk \$50, Full Day \$25, ½ Day \$15

**BEFORE & AFTER CAMP CARE NOW AVAILABLE 7AM-6PM \$150P/WK  
BOOKINGS ESSENTIAL FOR THIS TIMESLOT**

**Included: Racquets, Sausage Sizzle Thursday, Prizes Friday**

The camp will be predominately tennis with other activities such as soccer, Cricket, basketball etc. to keep the children occupied. The camps are held Wet or fine with indoor activities provided. No booking needed just turn up on the day. Lunch orders available.

**0410 828 278.**

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## July School Holiday Activities

Get the kids active for the winter school holidays with one of our exciting activities on the Central Coast!

Activity / Location	Dates	Time	Cost
Archery (indoor) - Gosford	8 July or 15 July	12pm – 2pm	\$20
Gymnastics (indoor – 2-day) - Tuggerah	8-9 July or 15-16 July	12pm – 2pm	\$30
Parkour (indoor) - Tuggerah	9 July or 16 July	2pm – 4pm	\$20
Tennis (3-day) – Gosford	8, 9 & 10 July or 15, 16 & 17 July	9am – 3pm	\$140

Book online or call the numbers below:

Central Coast Regional Office  
C/- Ourimbah Campus,  
Brush Road, Ourimbah 2258

02 4348 6700 or 13 13 02

sport.nsw.gov.au/events &  
then search by Central  
Coast Region



## WEST HAM UNITED OCEANIA ACADEMY 2019 PLAYER ID CAMP

**SEUFC** HOST PARTNER

**CENTRAL COAST, NSW**

Monday 15th & Tuesday 16th July  
James Browne Oval, Cnr Alpha Road  
& Welcome Street, Woy Woy, NSW, 2256  
Cost \$185 (includes a camp t-shirt)

**Boys & Girls: Ages 7 -17**

**SESSION TIMES**  
10.00 am – 2.00pm (Lunch break 12.00 – 12.30pm)  
BRING A PACKED LUNCH, WATER BOTTLE AND SUNSCREEN

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West Ham International Academy Coaches

- Selected Players invited to West Ham Australia National Camp (Residential Camp on the Gold Coast, 21st - 24th September)
- West Ham Academy Assistant Academy Director will Oversee National Camp
- Selected Players invited to spend a week at the club in London
- Selected Players invited to take part in West Ham UK Development Tour

**REGISTRATION  
CLICK HERE**

Phone: 0434 413 140

www.globalimagesports.com

www.georgecowiefootball.com

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