

UMINA BEACH PUBLIC SCHOOL WEEKLY NEWSLETTER

Term 2, Week 5
Tuesday 28 May, 2019



P&C Association

Meet every 2nd Tuesday of the month
All parents welcome.

School Canteen

8:45am – 12:00 noon.
Volunteers welcome.

Uniform Shop

Thursday 8:45am – 9:30am
Thursday 2:30pm – 3:15pm

Sydney Ave, Umina Beach NSW 2257

Phone (02) 4341 1630 Fax (02) 4344 3916

Email: umina-p.school@det.nsw.edu.au Website: www.umina-schools.nsw.edu.au

Office hours: 8:30am – 3:30pm

Report any suspicious behaviour toll free to School Security 1300 482737



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DIARY DATES

TERM 2, 2019	
Wed 29 May	Yr 4 Settlers Day Girls soccer
Wed 5 June	Dance Festival rehearsals – all groups
Thur 6 June	Pyjama Day – fundraiser for Give Me 5 For Kids
Fri 14 June	Golf lessons K-6 - Free
Mon 24 June	Camp Quality Puppet Show K-6 – gold coin donation
Tue 25 June	Dance Festival – Stage 2 group evening shows
Wed 26 June	Dance Festival – Boys group evening shows
Mon 1 July	Stg 2 tennis
Tue 2 July	Dance Festival – Stage 3 group evening shows
Wed 3 July	NAIDOC assembly
Fri 5 July	Athletics carnival – LAST DAY OF TERM 2

From the Principal...

VOLUNTEERS WEEK

Last week was volunteers week and I would like to thank the many volunteers at our school. We have people volunteering in the library, the Book Nook, classrooms, canteen, office and of course in our P&C. The work they undertake has a direct link to the children at our school and on behalf of all the staff and students I say a very big thank you. We are so pleased to have you here.

Our canteen is in need of volunteers. Previous attempts to recruit volunteers have not been successful. We have more than 100 parents here before school each day. If just a few of them could volunteer from 9:00am -12:00pm one morning a month or a fortnight it would be very much appreciated and would ensure that our students get their healthy lunches on time.



Progress pic

NEW FIXED EQUIPMENT

If everything goes according to plan the installation of our new fixed equipment will be completed and the children will be able to use it early next week. Many thanks to our P&C for contributing half of the cost of the equipment. The total cost has exceeded \$60,000 however, this will see our students enjoying the equipment for many years to come.

SHARING FOOD

Parents are reminded that sharing food at school is not a great idea. We have several students diagnosed with Anaphalaxis who can have severe reactions should food contain nuts, eggs, dairy etc. depending on their allergy. Please discourage your child from sharing.

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TRANSPORTING STUDENTS

If you have volunteered to transport students from our school to an event such as sporting, performing arts, debating etc you will be asked to produce your drivers' license and registration papers (these can be down loaded from the Service NSW website) plus 100 points and Appendix 5 (see office staff) if you are picking the children up from school. It is important that our children are safe at all times and these checks are necessary. If parents are making arrangements to pick up children from their home to the event and these arrangements are made between parents the school is not required to see the paperwork.

HEALTH UPDATE

Impetigo (im-pet-eye-go) is an infection of the skin caused by bacteria. It is often called school sores because it is common among school children. **Impetigo** causes sores on the skin, which are usually itchy. The sores may start out as blisters that burst and become weepy, before being covered with a crust.

Impetigo is not usually a serious infection and should clear up a few days after starting medical treatment (antibiotics). Children with impetigo are very infectious (contagious), but the spread of impetigo can be reduced by practicing good hygiene, covering the sores with dressings and keeping your child away from other children until they are no longer infectious.

If your child has signs and symptoms of impetigo, take them to see a GP. The doctor will make sure the sores are impetigo.

Treatment for impetigo - Your doctor may prescribe antibiotic medicine in the form of a cream, ointment, tablets or syrup. Give these to your child as directed, and make sure you complete the course of antibiotics.

Head lice - Head lice are small, wingless insects that live, breed and feed on the human scalp. They do not generally carry or transmit disease. Head lice have existed for millions of years and, in fact, predate human evolution. Direct contact is required for transmission from person to person. Lice will crawl from head to head without discrimination. If your family has head lice, tell anyone who has had head-to-head contact with them, so that they can check and treat their family if needed. There is no need to treat the whole family, unless they also have head lice. Concentrate on treating the affected person's head. There is no evidence to suggest that you need to clean the house or the classroom. The only linen that requires changing is the affected person's pillowcase. Wash it in hot water (60 °C) or dry it in a clothes dryer set to warm or hot.

The easiest and most effective way to find head lice is to use the cheap hair conditioner and comb treatment. This includes:

- Step 1. Comb hair conditioner onto dry, brushed (detangled) hair. This makes it difficult for lice to grip the hair or run around.
- Step 2. Thoroughly comb sections of the hair with a fine tooth head lice comb.
- Step 3. Wipe the conditioner from the comb onto a paper towel or tissue.
- Step 4. Look on the tissue and on the comb for lice and eggs.
- Step 5. Repeat the combing for every part of the head at least four or five times.
- Step 6. If lice or eggs are found, the person should be treated.
- Step 7: Repeat after 7 days. Always repeat any treatment after 7 days just in case any missed eggs hatch.

Lyn Davis

RECONCILIATION WEEK

This week marks Reconciliation Week in our school and as an acknowledgement to Sorry Day our classes will be participating in classroom activities focussed on reconciliation and the future of Australia. Our Aboriginal students participated in the planting of traditional native yams in our school garden. This activity reflects on the research and theory that traditional Aboriginal people were known to cultivate the land for crops and agriculture before 1788.



NATIONAL RECONCILIATION WEEK 2019 27 MAY - 3 JUNE

GROUND^{ed} in TRUTH

WALK TOGETHER WITH COURAGE



#NRW2019

#GroundedinTruth

reconciliation.org.au

PYJAMAS DAY FUNDRAISER – THURSDAY 6 JUNE

Students are encouraged to wear their pyjamas to school next Thursday for a gold coin donation raising money for a local charity – 'Give Me 5 For Kids'. Helping Central Coast sick kids and their families. The funds raised on this day will go toward purchasing much needed equipment and engaging services to help these families. Although we are asking student to wear their pyjamas to school, students still need to wear appropriate school shoes on the day (no ugg boots or slippers please).



GRANDPARENTS AS CARERS MORNING TEA

We are hosting a morning tea for any grandparents who are in the position of caring for any of our students. The morning tea will be held on Tuesday 11 June at 10:00am. Please see the flyer later in this week's newsletter for more information.

Have a great week

Chad Tsakissiris - Deputy Principal

ZONE - FOR YOUR INFORMATION

Umina Beach Public School, along with 13 other schools in the local area, form a Zone for school sport called the Southern Central Coast Primary School Sports Association (SCC PSSA).

The SCCPSSA has recently created a Facebook page to help communicate information about upcoming Zone trials and carnivals, as well as posting results and photos from these events.

We encourage you to like the page to stay up to date and support the Zone.

https://www.facebook.com/Southern-Central-Coast-Primary-School-Sports-Association-303653373593658/?_xts=%5B0%5D=68.ARDHjIzW08ucqojPE-4p7b0FRbqrZKhPVVpVQsOjKOe0Rcb_TTZImTXQAEaRPWcCs2_nqYFAVSrAnQoZVulg5be8c1qYTdFfI6B5X8qMYYNTr8s5SZS4mwbCQsFjrF0ggSkBU0E-cQDq9BxanhjuQCUiwrHwXeoGy0I3YStEtZGQFaaUsMI5igYg4jRigMcqYTRU4_GI6CgMLQkW9TsRVLarI-S_4QEFTwYXfWtotl4_jTEOuZshxL8kd5gYYP90rfuU9am-JhoUw9fSQtcasL-3EwUlmaAHErkxYDoFEh8AZm7QVB-9Yd7Q8e5y5X_gy6rovycz&_tn=HH-R-R

UBPS ATHLETICS CARNIVAL

Faster, Higher, Stronger. The 2019 edition of Umina Beach Public School's Athletics carnival will be held on Friday July 5 at McEvoy Oval. Our P&C will provide a limited canteen with pies, sausage rolls, toasties and poppers. The carnival is a compulsory school day for all students in Years 3-6, and those students in Year 2 turning 8 years old this year. Permission notes will be handed out this week with more information to follow.

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AS THE WEATHER TURNS COLD...

We remind you to label all clothing. Jumpers and jackets get taken off during the day and suddenly parents are searching for their child's lost uniforms. Apart from being costly to replace, a lot of time is spent looking for these items. If names are on uniforms we can easily return them to students.



Our boys AFL team



Our girls AFL team

Today our AFL teams played at Hylton Park Oval, East Gosford. The report in just now is they won 1 and lost 3. The girls beat St Cecilia PS and the boys beat Ettalong PS. Unfortunately, neither teams made it to the finals. Thank you to the wonderful parents who assisted with transport. Without your help these activities could not go ahead. Thank you to Mr Buist (coach) and Mrs Gonzalez who accompanied the teams today.

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ZONE TEAM 2019

Congratulations to the following students who have made it to the next level in Zone Cross Country Koby 5W, Sienna 6J and Savannah 3B. Mr Jones will have more information to follow.

AUSSIE OF THE MONTH – MAY

KB Alexis	KC Cohl	KF Noah	KJ Austin	KK Audrey	KM Noah
1H Levi	1M Ivy	1P Olympia	1S Flynn	1/2D Sonny	2B Cooper
2C Jayden	2F Ruby	2M Bella	3B Darcy	3D Grace	3N Chloe
3/4A Liliana	4B Sandon	4G Reilly	4K Lily	5C Joshua	5/6M Ebony
5E Lachlan	5J Eliza	5W Noah	6A Juliette	6J Sienna	6L Karim

Most Improved in Literacy – Rye KJ, Nylah 1P, Anthony 4K, Hannah 5C proudly sponsored by Wiseberry Real Estate, Umina

School Citizenship – Sienna Km, Manaia 2B, Allyra 4G, Mikayla-Lee 6J proudly sponsored by Coastline Home Loans

Congratulations to all the students above – we are proud of you!



Our Year 3 & 5 students have worked hard over the last 2 weeks to complete their NAPLAN assessments. We are proud of you all!

CANTEEN NEWS

Wed 29 May	Sue Park, Danielle W
Thu 30 May	Jody B, Amanda S, Elizabeth K
Fri 31 May	Viki D, Ana M - help needed please
Mon 3 June	Eileen D, Judy B
Tue 4 June	Yana, - help needed please

- ✓ **Please consider helping out at your child's canteen. Friday fortnightly, Thursday's and Tuesday's.**
- ✓ **Lunch orders must be in by 9:15am**
- ✓ **Sushi available on Friday's only**

Have a happy, healthy week!

Debora Elliott – Canteen Manager

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STUDENT ABSENCES

On occasion, your child may need to be absent from school. Following an absence you must ensure that **within 7 days** you provide your child's teacher with a verbal or written explanation either on paper or by email umina-p.school@det.nsw.edu.au for the absence. If the school has not received an explanation from you within 2 days, a computer generated email/letter will be sent out and the school may also contact you to discuss the absence. Justified reasons for student absences may include:

- Being sick, or having an infectious disease
- Having an unavoidable medical appointment
- Being required to attend a recognised religious holiday
- Exceptional or urgent family circumstance (e.g. attending a funeral)

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's teacher. An application for *Extended Leave: Travel* should be completed. If overseas travel or a cruise is involved, travel documentation (itinerary or flight tickets) showing departure and return dates are to be presented to the school.

Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

Please note that an explanation for a partial absence is also required. If a child is late or leaves early a written explanation or verbal from a parent is required to justify the partial absence. An automated email will also be sent if an explanation is not received for a partial absence.

Colleen White - Relieving Deputy Principal



UBPS P&C Disco
Tuesday 28 May

FEATURING DJ H BOMB

YEAR K - 2 | 5.00PM - 6.15PM
YEAR 3 - 6 | 6.30PM - 8.00PM

ARE YOU READY TO PARTY TONIGHT?

Tickets are still available at the door for \$8.00. Please note this does not include the meal deal and all tickets purchased need to be signed by an adult or you must accompany your child whilst purchasing.

The disco theme is "Come As Your Favourite Character" as chosen by our student parliament. DJ-H-BOMB will be in the house and there are great prizes to be won for best dressed!! But please no masks and no prop weapons.

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You are invited to a:

GRANDPARENTS RAISING GRANDCHILDREN

Morning Tea



We would love all Grandparents who are raising a Grandchild to join us for a Morning Tea on Tuesday 11th June. It's a great chance to meet others within the community who are in a similar situation and learn of all the additional support which is available in the area.

Complimentary tea, coffee and morning tea will be provided.

WHEN: Tuesday 11th June

WHERE: Umina Beach Public School

Meet at the Beachside Building (behind the school hall)

TIME: 10am - 12pm

RSVP: by Friday 7th June

Contact: School Office / Att: Chad (Assistant Principal)

Phone: 02 4341 1630 / Email: umina-p.school@det.nsw.edu.au

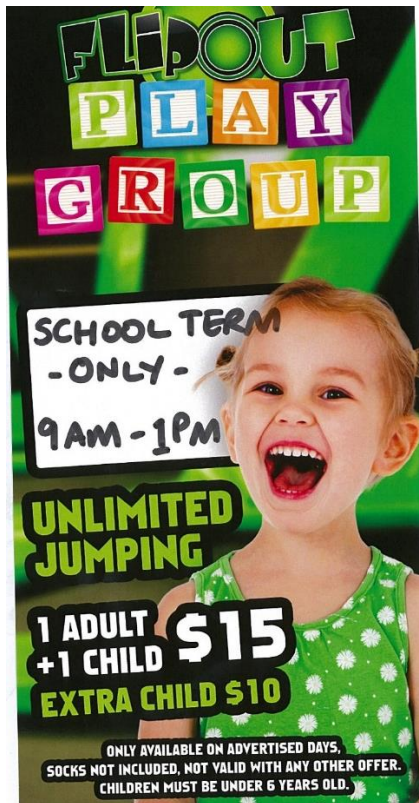
Representatives from Central Coast Family Support Services will also be in attendance to provide community information and support.

CENTRAL COAST



FAMILY SUPPORT SERVICES





TWO OF OUR FABULOUS SPONSORS FOR THE P&C DISCO

ATTENTION CATHOLICS

The Catholic Parish of Woy Woy Peninsula is about to start a program to prepare baptised Catholic children who are currently in Year 2 or above and have reached the age of discretion (normally about 7 years of age) for the Sacrament of Confirmation. The parent or guardian who will accompany the child through the program is required to attend an Information Evening on Tuesday 4 June at 7:30pm, Walter Baker Hall, 100 Blackwall Rd, Woy Woy. Enrolment forms will be handed out on the night. Further enquiries please call the Parish Office 4341 1073

COMMUNITY NEWS



PIANO LESSONS

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(Monday to Saturday) &
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Background in Early Childhood music teaching.

For students from Year 1 to Year 6.

Contact: Kim Begley . 0411 123 129
pianolessonswithkim@gmail.com

SINGING & ACTING LESSONS

UMINA BEACH

Enrol NOW &
receive 10% off your first term !



For more info txt 0430 214 341
or visit edenhook.com

A black and white photograph of a young girl with blonde hair, wearing a black top and a light-colored skirt, sitting on a stage. Other children are visible in the background, some standing and some sitting.

we don't just
teach drama,
we teach life

0403 365 517

O'GRADY
DRAMA

ogradydrama.com.au

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COULD EARN \$500**

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