

UMINA BEACH PUBLIC SCHOOL WEEKLY NEWSLETTER

**Term 1, Week 10
Tuesday 2 April, 2019**



Splash-a-thon sponsorship money now due

P&C Association

Meet every 2nd Tuesday of the month
All parents welcome.

School Canteen

8:45am – 12:00 noon.
Volunteers welcome.

Uniform Shop

Thursday 8:45am – 9:30am
Thursday 2:30pm – 3:15pm

Sydney Ave, Umina Beach NSW 2257

Phone (02) 4341 1630 Fax (02) 4344 3916

Email: umina-p.school@det.nsw.edu.au Website: www.umina-schools.nsw.edu.au

Office hours: 8:30am – 3:30pm

Report any suspicious behaviour toll free to School Security 1300 482737



Advertisers support our school – please support them

DIARY DATES

TERM 1, 2019	
Mon – Fri 1-12 Apr	Year 2 Swim School (2 weeks)
Thur 4 Apr	Woy Woy Cup - football
Fri 5 Apr	Combined scripture
Wed 10 Apr	Aboriginal welcome BBQ Kindy Fun Day
Thi 11 Apr	ANZAC service
Fri 12 Apr	Cross Country carnival

From the Deputy Principal..

SWIM SCHOOL

Yesterday our Year 2 students started Swim School. Living so close to the beach I am sure we all agree that learning to swim is essential. Each year our teachers observe that less and less children are capable swimmers. A very generous and thoughtful anonymous community member kindly made a donation which along with our school subsidy, has allowed all children to attend this year. Please ensure the children have their swimmers, towels, goggles etc each day. Perhaps pack their school jumper or jacket on these cooler days.

SCHOOL VOLUNTARY CONTRIBUTIONS

At our school this fee is set a \$40.00 per family, per year which I am sure we all agree is exceptionally reasonable. In many schools the fee is a lot higher. People coming from Sydney schools advise me that their voluntary fees are upwards of \$300.00. The voluntary contribution is used to provide essential classroom equipment. This includes but is not limited to readers, pencils, paints, craft materials, photocopying, booklets and one incursion (usually a visiting show) for each class. I would encourage all families to support our school by paying their voluntary contribution. This can be paid off over the year. Just pay what you can, when you can, off the \$40.00 per family fee. If every family paid this amount we would have nearly \$23,000 to further enhance learning experiences in our classrooms.

BRISBANE WATER SECONDARY COLLEGE S CLASS AND CAPA CLASS 2020

Just a reminder that these applications are due in by this Friday 5 April. Please see Mr Murphy or your class teacher if you have any questions or require an application form.

YEAR 4 CAMP

Last week saw our Year 4 students and teachers venture down the freeway to Sydney to explore our state capital. The boys and girls participated in some enriching learning activities that align with their History unit of work focussing on early settlement in Australia. Congratulations to the students for their superb behaviour on this camp and a big thank you to the staff who made the excursion happen.

CODE OF CONDUCT

Any student who is representing our school for sport, performing arts, leadership or any other reason will have our updated Code of Conduct attached to the permission note and will need to be signed by the parent and student when returning the permission note to school. The Code of Conduct outlines our expectations for all students representing our school across all extra-curricular areas. Umina Beach Public School has a great reputation and it is due to the amazing students of our school who represent us with pride.

NAPLAN ONLINE PRACTICE TESTS

Last week saw all of Year 3 and Year 5 participate in the NAPLAN Online Practice Test. These practice tests were conducted using devices and allowed students to experience a simulated environment for which they will be exposed to during the real NAPLAN tests in May.

HALL DEVELOPMENT

The long awaited hall development will begin later this week with the installation of the safety fencing and access gate for the construction company carrying out the works. Access to the Before and After School Care will still be available via the side gate on Sydney Avenue. The fencing will have minimal

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effect on movement around the hall. Further information regarding changes to our school will be communicated in future newsletters.

Have a wonderful week

Chad Tsakissiris - Deputy Principal

TEDDY BEAR'S PICNIC



Last Tuesday Stage One (Years 1 & 2) enjoyed their Teddy Bear Picnic day. All the classes participated in Numeracy, Literacy and craft activities that involved their teddies. This was followed by lunch in the playground on picnic blankets. Fun was had by all!

HEALTH ADVICE

We have had a number of students reporting to sickbay recently with a tummy bug that seems to be moving through our school community. Please ensure that if your child is unwell that they are not sent to school, as this is how illness can spread. Usually a period of 24-48 hours is recommended to allow the contagious period of a bug to pass. If you require further information regarding illnesses then please visit the link below to find information provided by NSW Health on the Department of Education's website.

<https://education.nsw.gov.au/public-schools/practical-help-for-parents-and-carers/family-wellbeing/too-sick-to-go-to-school>

We appreciate your support and cooperation in this matter, in making our school a safe and healthy place to learn.

ETHICS TRAINING

Could you be an Ethics teacher for Umina Beach PS? We are seeking more volunteers to meet the demand for classes. Volunteers must be available to teach every Friday morning. For 30 minutes. Ethics teachers attend a two day training workshop and complete online learning modules and background checks. The next 2 day training workshop in Newcastle will be held on May 4 & 5.

There is no charge for the training. All lesson materials and teacher resources are provided for the classes. Grandparents and other members of your family might be interested – so please speak to them about volunteering. Visit www.primaryethics.com.au or contact our Ethics Coordinator, Penny Jope penny.jope@gmail.com

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CANTEEN NEWS

Wed 3 Apr	Sue Park, Dannielle W
Thu 4 Apr	Ana M, Jody B
Fri 5 Apr	Stephanie W, Zoe B, Amanda S
Mon 8 Apr	Eilleen D
Tue 9 Apr	Maritta, Yana K

**** LUNCH SPECIAL – ONLY \$3.50 ****



6 x small vegetable spring rolls
1 x frozen berry ice-block

**** Don't forget Sushi Friday's – tuna, chicken or vegetarian available – only \$3.50!!!**

Debora Elliott – Canteen Manager

CROSS-COUNTRY

Umina Beach Public School's annual cross-country carnival will be held on **Friday 12 April** (last day of school this term). Students will come to school wearing their sport uniform, including house colour t-shirts, hats and joggers. It is important that students bring plenty of water (2 bottles are suggested), recess, lunch, sunscreen and a towel to sit on if they wish.

Students who are asthmatics are required to take their Ventolin with them during the race.

This year the course will involve students running outside the school grounds, around Umina Oval and finishing in the primary playground. If you wish to sign your children out early, you will have to go to the office.



ANZAC DAY MARCH

Last week students received a note regarding the Woy Woy ANZAC Day march. The march will be held on **Thursday 25 April** (in the 2nd week of the coming holidays) commencing at 10:00am at the Deepwater Plaza car park and concluding at the Woy Woy War Memorial for the ANZAC service to start at approximately 10:30am. **Please complete the permission note and return to Mrs White by Friday 12 April.**

The students involved are required to wear **full school uniform** and to march with our school banner. At least 2 of our teachers will be there to supervise our involvement in the march.

Students should meet Mrs White and Mr Tsakissiris at the Deepwater Plaza Car Park at 9:45am. Your child can be picked up at Woy Woy War Memorial at the completion of the ceremony.



SAVE OUR COAST: HANDS ACROSS THE SAND 2019

'Hands Across the Sand' Umina Beach Sunday 5 May 12:00 noon (ends 1:00pm)

Save Our Coast is holding 'Hands Across the Sand 2019' at beautiful Umina Beach on the Central Coast. As 1000 square km of seismic blasting for oil or gas is planned for our coast within PEP 11 (Petroleum Exploration Permit 11 extends for 4,500 square km from Newcastle through the Central Coast to Manly) we'll meet halfway at Umina, to maximise our show of opposition against PEP 11.

Let's unite in our thousands for this symbolic global event against offshore oil and gas. Let's show the federal government and the oil and gas companies the huge opposition to their devastating plans for our coast. **Please be there to Save Our Coast.**

Join our Facebook page and stay informed – Save Our Coast



Previous 'Hands Across the Sand' at Newcastle

COMMUNITY NEWS



safeTALK Suicide Prevention Awareness Program

LivingWorks safeTALK is a half-day presentation to increase suicide awareness.

This program alerts community members to signs that a person may be considering suicide. It acknowledges that while most people at risk of suicide signal their distress and invite help, these intervention opportunities are often overlooked.

safeTALK participants learn to recognise when someone may have thoughts of suicide and to respond in ways that link them with further suicide intervention help. Suicide alert helpers contribute to a suicide safer community. It is intended that safeTALK participants will be better prepared to:

- Recognise that invitations to help are often overlooked
- Move beyond common tendencies to miss, dismiss and avoid conversations around suicide
- Notice and respond to situations in which thoughts of suicide may be present
- Apply basic TALK steps (Tell, Ask, Listen, and KeepSafe)
- Connect the person with thoughts of suicide to suicide first aid help and further community resources

Suicide alert community members are better prepared to become a vital link in connecting people at risk with further help.

safeTALK is designed to complement the LivingWorks ASIST workshop (Applied Suicide Intervention Skills Training). The programs share the same beliefs about suicide and preventing suicide. However, each presentation has a specific role.



Supported by



LivingWorks safeTALK suicide prevention presentation for members of Woy Woy Community

Venue: Peninsula Community Centre
93 McMasters Road, Woy Woy

Date: Wednesday 10 April 2019

Time: 9.30am -1.00pm

Reserve your free place with Louise
Manson 4341 9333 or book online at

www.lifelinecc.org.au



This training is
sponsored by
Hunter New
England Central
Coast Primary

Health Network (PHN). A gold coin
donation for morning tea would be
appreciated.

Further enquiries: Jaylene Moreau
Training Registrar Lifeline Central Coast
4320 7400 jaylene.moreau@lifeline.org.au

Lifeline is a not-for-profit organisation that promotes, preserves and protects life. The mission of our training division is to build community capacity and skills for life through a range of specialised training programs to meet the needs of individuals and groups.

For further information
Contact Dr June Anderson
Phone 02 4940 2000
Email june.anderson@lifeline.org.au
www.lifelinehunter.org.au

 **Lifeline**
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Energy & Water
Ombudsman NSW

Bring Your Bills Day & Community Expo

Woy Woy



Residents are invited to join us for free, face-to-face support.

Coast Community Connections and the Energy & Water Ombudsman NSW invite Central Coast residents to a free community event for help and support with energy bills, tenancy, financial and legal issues, outstanding fines and cancelled licences, free hearing tests, disability services, a giving space and much more.

Where

Coast Community Connections,
Peninsula Community Centre,
93 McMasters Road, Woy Woy

When

Thursday 11 April
9.00am - 3.00pm

Don't forget to bring:

- Current gas and electricity bills
- Past gas and electricity bills
- Letters from providers
- Pensioner or concession cards



ALL WELCOME

If you can't make the event you can contact EWON:

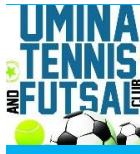
☎ 1800 246 545 🌐 ewon.com.au @ complaints@ewon.com.au

📮 Reply Paid 86550, Sydney South NSW 1234
Level 11, 133 Castlereagh Street, Sydney

Services attending

- Energy & Water Ombudsman NSW
- Ability Links
- Australian Financial Complaints Authority (AFCA)
- Australian Hearing
- Australian Taxation Office
- Central Coast Community Legal Centre
- Central Coast Council
- Community SOS Financial Counselling and No Interest Loan Scheme
- Central Coast Tenants Advice and Advocacy Service
- Coast Community Connections Ltd, including Evolution Youth Services, Aged & Disability Services, Gambling Counselling & Giving Space
- Department of Human Services
- Energy Retailers - speak directly to AGL, EnergyAustralia, Origin Energy & Red Energy. If your retailer is not present EWON can help you.
- LawAccess
- Legal Aid NSW - Driver Reform Team
- NSW Fair Trading
- NSW Trustee & Guardian
- Office of Environment & Heritage
- Revenue NSW
- Salvation Army
- Service NSW
- St Vincent de Paul





SCHOOL HOLIDAY TENNIS CAMP NOTICE



Where: UMINA TENNIS, Umina

When: Monday 15 April - Friday 19 April

Time: 9:00am-3:00pm (gates open @ 8:00am)

Cost: Wk \$80, ½ Day Wk \$50, Full Day \$25, ½ Day \$15

Before & After camp care available on request 7:00am-6:00pm

Included: Racquets, Sausage Sizzle Thursday, Prizes Friday

The camp will be predominately tennis with other activities such as soccer, cricket, basketball etc to keep the children occupied.

The camps are held wet or fine with indoor activities provided.

Bookings not essential.

All enquiries can be made by phoning Kristy **0410 828 278**.



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swim@daleyspoint.com.au

you are invited to

easter family funfest

Sat 20 April
10am - 3pm
Gosford Waterfront
(next to the Big Tent!)

jumping castle
treats surprises give-aways
live shows
craft and games
food and drinks
And the Best News of ALL!
Good News!
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Ephesians 6:23

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or visit **edenhook.com**

BECOME A VOLUNTEER HOST FAMILY THIS JULY



"If you're thinking about hosting, do it! It's the most rewarding experience for your family. Our daughter has a sister now, someone to talk to other than mum or dad."

Nicole, three-time host mum.

Need to knows:

- You choose your student
- Hosting is voluntary
- Students attend high school
- You'll make memories for life!

Not-for-profit Australian organisation, WEP Australia, needs host families! **Can you help?**

Hosting an overseas high school exchange student is a wonderful way to bring a slice of the world into your home and heart!

✉ **INFO@WEP.ORG.AU**
☎ **1300 884 733**
🌐 **WEP.ORG.AU/HOST**



LUCAS L

16 from France

I am a very active and dynamic boy. My favourite sports are cycling, soccer, boxing and street gymnastics! Thank you for welcoming me to your family, I cannot wait to discover Australia and your way of living!



CAMILLA G


16 from Italy

Ciao from Italy! The list of activities I like to do in my free time is quite long, so I am never bored! I love reading, I also really enjoy photography. Thank you if you're going to choose me, I promise I'll be a perfect 'daughter'.

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**REFER A FRIEND
AND UMINA PUBLIC SCHOOL
COULD EARN \$500**

Every time **Wiseberry Peninsula** lists & sells a property for someone who mentions that they came to us because of Umina Public School, the school receives \$500

TROY HOWE 0415 928 216
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