UMINA BEACH PUBLIC SCHOOL CANTEEN MENU 2018

Lunch orders must be placed by 9.15 – Child is to bring lunchbag back to canteen at lunch to collect cold items ordered.

EXTRA EVERYDAY FOODS not listed (F & V) are also AVAILABLE AT BREAKFAST / LUNCH

BREAKFAST

Breaky muffin SMALL	.50
MADE DAILY - Eldyn muffin mix - fruit/veg. weetbix. oat.cinnamon.	
Cereal cup / mi	1.00
Toast	.20
Yoghurt	.20

DRINKS

WATER 600mL		1.00
Just Juice 100% juice 200ml		1.00
Milk 300mL (choc /straw)		1.60
Plain Milk 300ml		1.40
UP & GO 250ml		2.00
SLUSHY juice	Small	1.00
	Big	1.50

FLAVOURS

- Strawberry – PINK
- Fruit Burst – BROWN
- Watermelon - GREEN

SNACKS

Cheddar cheese slice	.20
Carrot bag	.50
Tuna tub	.50
Cereal bag	.50
Apple/Banana/Pear	.50 /1.00
Slinky apple (cored/peeled)	1.00
EGG (boiled / peeled)	1.00
Cheese/rice crackers	1.00
Popcorn 22g	1.00
Jumpys Chicken/S&V 25g	.80
JJ Chicken snacks 20g	1.00
Red Rock Chips 27grms	1.40

FROZEN (lunch only)

Icy-bite small (diluted juice)	.10
Icy-bite big (diluted juice)	.20
Icy treat big (frozen berries)	.40
Quelch tube 50ml 99% juice	.50
Juice Cup 110ml 99% juice	.80
Lemonade Icy Twist	1.20
MOOSIE 85 grm (milk tube)	1.00
Yoghurt Bulla 100g	2.00
Juicy Tube 105ml 99% juice	1.00

SANDWICH/WRAP/ ROLLS /gluten free bread

ADD .80 cents to sandwich price for bread roll option.

Buttered bread	2.00
Buttered roll	2.50
Vegemite	2.50
Strawberry Jam	2.50
Honey	2.50
Tasty cheese	3.00
Tomato	3.00
Baked Beans	3.00
Spaghetti	3.00
Egg	3.50
Ham	3.50
Tuna	3.50
Salmon	4.00
Chicken breast	4.00
Salad	4.00
EXTRAS – ham, chicken, salmon, tuna, egg, spinach	1.00

tomato, carrot, cheese, cucumber, beetroot, pineapple, spanish onion, spinach .50

SALAD

Garden	TUB	3.50	BOX	4.50
Chicken	TUB	4.00	BOX	5.00
Ham	TUB	4.00	BOX	5.00
Tuna	TUB	4.00	BOX	5.00

INCLUDES; Lettuce, tomato, corn, carrot, cucumber, beetroot, EGG, cheese. Dressing/mayo opt.

Supporting UBPS canteen is a great way to be part of your child's journey at school. Children love seeing someone they know serve them.

HOT FOOD CHOICES

TOASTY wholemeal/white bread

Cheese	3.00
Cheese / vegemite	3.50
Cheese / tomato	3.50
Cheese / spinach	3.50
Spaghetti	3.50
Baked beans	3.50
Ham /cheese	4.00
Tuna / cheese	4.00
Chicken (breast) /cheese	4.00
Ham /cheese / tomato	4.00
Ham / cheese / pineapple	4.00

ADD BABY SPINACH TO TOASTY NO COST ***G/F = GLUTEN FREE***

CHICKEN BURGER – crumbed patty lettuce - mayonnaise	4.00
CHEESE BURGER – beef patty cheese - tomato sauce	3.50
VEGGIE BURGER – veggie patty lettuce sweet sour sauce	3.50
BEEF BURGER – beef patty tomato, beetroot, lettuce BBQ sauce	4.50
Sweet Chilli chicken wrap lettuce/mayo	3.50
Meat pie (beef) 170g	3.50
Small Pie (beef) 90g	2.00
Sausage Roll 110g	3.00
Pizza McCain (ham/pine)	3.50
Noodle Cup (chicken)	3.00
Lasagne (TERM 2/3) 200gr	4.50
Macaroni (TERM 2/3) 200gr	4.50
Fried Rice 200grm G/F	4.00
CORN COB G/F	1.00
Peas (warm) G/F	.50
Chicken Breast tender 2 for (G/F}	3.50
Fish fingers 4 for	2.50
Chicken fingers 4 for	2.50
6 for	3.50
Tomato / BBQ sauce	.40